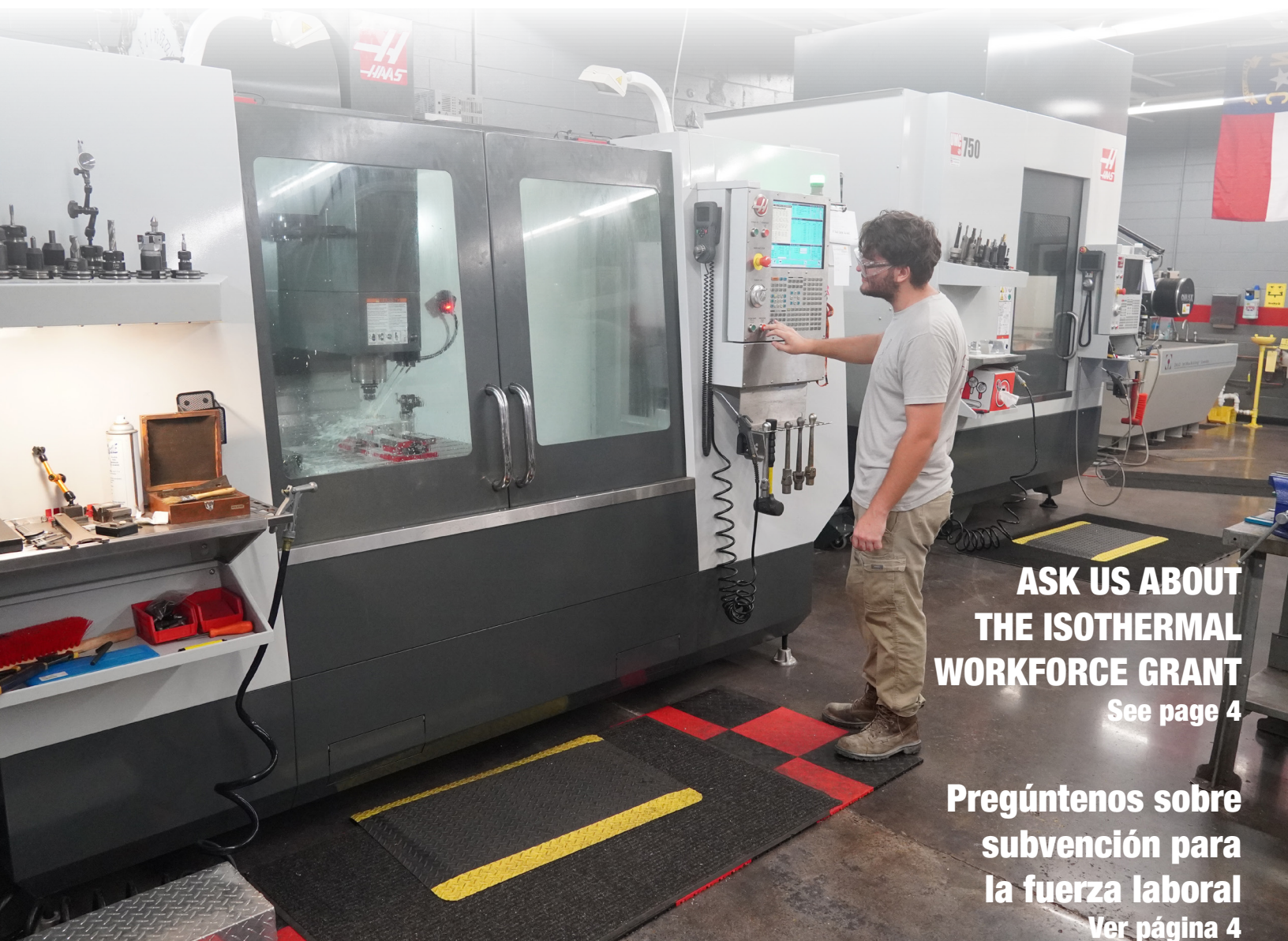


# Continuing Education

EDUCACIÓN CONTINUA

2025 Schedule of Classes  
Horario de Clases

Summer 2025



**ASK US ABOUT  
THE ISOTHERMAL  
WORKFORCE GRANT**  
See page 4

**Pregúntenos sobre  
subvención para  
la fuerza laboral**  
Ver página 4

# ISOTHERMAL

COMMUNITY COLLEGE

[www.isothermal.edu/continuing-education](http://www.isothermal.edu/continuing-education)

ISOTHERMAL  
COMMUNITY COLLEGE

# REAL

**SKILLS.  
JOBS.  
IMPACT.**



**Looking to boost your skills, try something new, or get certified for work?**

Our Continuing Education classes are designed for adults who want affordable, flexible training without the pressure of a college degree, just real skills that lead to real jobs and make a real impact. From CPR and truck driving to CAD, drone operation, and horse farm management, plus many more. You'll find practical courses that fit your life and goals.

ISOTHERMAL  
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[isothermal.edu](http://isothermal.edu)

**Continuing  
Education**

## TABLE OF CONTENTS

Allied Health .....	5-7	Creative/Visual Arts.....	9-11	Maps.....	33
Basic Law Enforcement		Curriculum Enrollment.....	30	National Career Readiness	
Training (BLET) .....	22	Emergency Services.....	22	Certification.....	27
Campus Bookstore.....	16	English As A Second Language.....	25	Occupational Training and	
Career and Employment		Graphic Design.....	32	Professional Development.....	16-20
Resource Center .....	24	Healthy Living and		Small Business Center .....	31
CNC Machining .....	13	Physical Education .....	14	Truck Driving .....	17, Inside Back Cover
Computer Skills & Technology.....	8, 26	Massage Therapy .....	6, 28		

### Continuing Education Hours of Operation

Monday-Thursday 7:30 am - 5:30 pm

Friday 8:00 am - 12 pm

#### CANCELLATION POLICY

If we cancel a class, you will be notified. If you would like to cancel your place in a class, please notify us as soon as possible before the class meets for the first time.

#### REGISTRATION FEE REFUND POLICY

If you need a refund or transfer, contact the Polk Campus at 828-894-3092 or the Rutherford Campus at 828-395-1476.

A 100% refund shall be made if you officially withdraw prior to the first day of class or if the class is canceled.

A 75% refund shall be made if you officially withdraw from the class prior to or on the official 10% point of the class. No refund thereafter.

OCCUPATIONAL EXTENSION FEES AND FEE WAIVERS ARE SET BY THE NORTH CAROLINA GENERAL ASSEMBLY AND ARE SUBJECT TO CHANGE.

*Important Information Section 10.6 of Session Law 2013-360 eliminated the waiver of tuition for up to six hours of credit instruction and one course of noncredit instruction per academic semester for senior citizens age 65 or older who are qualified as legal residents of North Carolina that was previously allowed in G.S. 115D-5(b)(11)*

If you have a documented disability, it is your responsibility to contact the Disability Coordinator, 828-395-1732 to discuss classroom accommodation.

## 3 Easy Ways To Pre-Register

*For better customer service,  
ALL classes now require prepayment.*

#### • By Phone

Call 828-395-1476, Rutherford Campus or 828-894-3092, Polk Campus to register for classes. Please have the course number and your social security number handy when you call.

#### • In Person

Drop by the Lifelong Learning Coordinator office in the Student Center on the Rutherford Campus or visit the Polk Campus

#### • On The WEB Registration

[www.isothermal.edu/continuing-education/register](http://www.isothermal.edu/continuing-education/register)

#### USE OF TOBACCO PRODUCTS

Isothermal Community College is a tobacco-free campus effective January 1, 2019. This applies to all employees, students, contractors, vendors, and visitors. For policy details, see policy 802-02-01BP Use of Tobacco Products.

# ISOTHERMAL WORKFORCE GRANT

The Isothermal Workforce Grant helps cover the registration fee for residents of Rutherford and Polk counties to get into short-term programs that lead to job certifications. The programs include Professional Truck Driving, Massage Therapy, Pharmacy Technician, Healthcare Billing and Coding, Phlebotomy, EMT and Paramedic Technician.



**CALL TODAY 828-395-1405 FOR MORE INFORMATION.**

# ALLIED HEALTH

## Healthcare Billing and Coding

*Instructor: Tiffany Cooper, CPC-I*

This 180-hour course prepares an individual for entry level healthcare billing and coding positions. Course topics can include but are not limited to the roles and responsibilities of this position, managed health care, life cycle of an insurance claim, legal and regulatory considerations, coding regulations, reimbursement issues, claim instructions, medical terminology, filing commercial claims, insurance plans, Medicare, Medicaid, Tricare, and Workers' Compensation. Upon completion, students should also be able to utilize MS Windows and the Internet to effectively retrieve billing-related information and updates, and have the knowledge base to apply for national certification as a Certified Billing and Coding Specialist.

#71681

September 1 - November 30

ONLINE only, \$185

(Registration fee + \$5 Institution technology fee)

**CLASS DATES ARE SUBJECT TO CHANGE.** Please call (828) 395 - 1405 to confirm course dates.

## Phlebotomy

*Instructor: Lisa White, PBT*

This 258-hour course provides theory and clinical experiences needed for proper collection of blood and other specimens used for diagnostic testing. Emphasis is placed on ethics, legalities, medical terminology, safety and universal precautions, health care delivery systems, patient relations, anatomy and physiology, and specimen collection. Upon successful completion of the course, students should be able to safely perform procedures necessary for specimen collections on patients in various health care settings and may be eligible for national certification as phlebotomy technicians.

#71668

June 2 - September 4

ONLINE & Wednesdays 8 AM-4:30 PM

Polk Campus, Room 110, \$185

(Registration fee + \$5 Institution technology fee)

**CLASS DATES ARE SUBJECT TO CHANGE.** Please call (828) 395 - 1405 to confirm course dates.

## Pharmacy Technician

*Instructor: Keith Hunt, RPH*

This 208-hour totally online course is designed to provide instruction in the technical procedures for preparing and dispensing drugs in the hospital and retail settings under supervision of a registered pharmacist. Topics include drug packaging and labeling, outpatient dispensing, hospital dispensing procedures, controlled substance procedures, inventory control, and non-sterile compounding. Upon completion, students should be able to perform basic supervised dispensing techniques in a variety of pharmacy settings. Students who successfully complete this training program will be eligible to sit for the Pharmacy Technician Certification Exam (PTCE) offered through the Pharmacy Technician Certification Board (PTCB).

#69974

September 4 - December 31

ONLINE only, \$185

(Registration fee + \$5 Institution technology fee)

**CLASS DATES ARE SUBJECT TO CHANGE.** Please call (828) 395 - 1405 to confirm course dates.



**TO REGISTER FOR CLASSES:**  
**ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)**  
**BY PHONE: (828) 395-1405**

# ALLIED HEALTH

## Medication Aide

Instructor: Loretta Whiteside

This 24-hour course is designed to meet the training requirements for becoming qualified as a Medication Aide and Med-Tech. The course will cover the six rights of medication administration for non-licensed personnel. Topics will include medication administration via the oral, topical and instillation routes, medical asepsis, hand hygiene, terminology, and legal implications. Upon completion, students should be able to take the competency exam and demonstrate the skills necessary to qualify for listing on the North Carolina Medication Aide Registry.

Prerequisite: Current listing on the NA I Registry.

#70125

Tuesdays, 8 AM - 4:30 PM

June 3, 10, 17

Polk Campus, Room 116, \$70

#70127

Tuesdays, 8 AM - 2:30 PM

July 8, 15, 22, 29

Polk Campus, Room 116, \$70

#70128

Tuesdays, 8 AM - 2:30 PM

August 5, 12, 19, 26

Polk Campus, Room 116, \$70

#70129

Mon/Tues, 8 AM - 2:30 PM

Sept 15, 16, 23, 30

Polk Campus, Room 116, \$70

#70130

Tuesdays, 8 AM - 2:30 PM

October 7, 14, 21, 28

Polk Campus, Room 116, \$70

#70131

Tuesdays, 8 AM - 2:30 PM

November 4, 11, 17, 18

Polk Campus, Room 116, \$70

#70132

Mon/Tues, 8 AM - 2:30 PM

December 8, 9, 15, 16

Polk Campus, Room 116, \$70

CLASS DATES ARE SUBJECT TO CHANGE. Please call (828) 395 - 1405 to confirm course dates.

## MASSAGE THERAPY PROGRAM

Director: Karen Marshall

Instructors: Elizabeth Mills, LMBT & Stacey Barrett, LMBT

Our 660-hour massage therapy program combines lecture time with hands-on practice of massage techniques. Coursework includes anatomy and physiology, kinesiology, nutrition, business practices, ethics and specific massage modalities. Students will gain hands-on experience working with the public in a clinic setting through the program's student massage clinic.

Upon completion of the program, graduates may sit for the MBLEx (Massage and Bodywork Licensing Exam), the sole licensing exam for the Massage Profession. Upon successfully passing the MBLEx, graduates may apply to NCBMBT (North Carolina Board of Massage and Bodywork Therapy) for their license to practice massage in the state of North Carolina or to other state boards to practice in other states. Isothermal Community College's program prepares students for a career in Massage Therapy in hospitals, health & fitness centers, wellness centers, chiropractic offices, resorts, spas, nursing homes, cruise ships, and more.

According to the Bureau of Labor Statistics, employment of Massage Therapists is projected to grow 32% from 2020 to 2030, much faster than the average for all occupations. (*Bureau of Labor Statistics, U.S. Department of Labor, Occupational Employment Statistics, 07/13/2022 [www.bls.gov/oes/](http://www.bls.gov/oes/)*)

**Prerequisite:** High School diploma or GED, College Transcripts, or CASAS Reading Test Scores. Students must be at least 18 years of age by the first day of class. Students must also complete the Pathways to Massage Therapy prerequisite course. Information on this course will be provided at the time of registration.

**PLEASE NOTE:** Our full Massage Therapy Program class costs will include registration fee(s), mandatory textbooks/workbooks, scrubs and other incidental costs for personal supplies.

Registration Fee: \$180

Pathways To Massage Course Fee: \$70

Technology Fee: \$5

Books (approximate): \$425

Black Scrubs (approximate) \$45

CPR Certification: \$5

## COURSES COMING THIS SUMMER!

**\*Please call (828) 894-3092 for more information about registration and financial aid opportunities.**

# ALLIED HEALTH

## CERTIFIED NURSING ASSISTANCE PROGRAM

### Nurse Aide Level I - HYBRID CLASSES NOW AVAILABLE!!!!

This 188-hour course is designed to prepare graduates to provide personal care and perform basic nursing skills for the elderly and other adults. Emphasis on aging process including mental, social and physical needs of the elderly, patient's rights, nutrition management, elimination procedures, safe environment, restorative services, personal and special care procedures and activities, human body structure and function and related common disease/disorders, communication and documentation, death and dying, and roles of the nursing assistant and health team members. A skill/competency evaluation is required. The course includes class, laboratory and clinical learning experiences. Upon satisfactory completion of the course and skill/competency evaluation, the graduate is eligible to apply for listing as a Nurse Aide I by the N.C. Division of Facility Services.

Prerequisite: Pathways to C.N.A. course (will be discussed on registration day).

#71658

Instructor: Carole Robbins, RN, BSN

ONLINE & Fridays, 8 AM - 4:30 PM

June 16 - October 24

Polk Campus, Room 116/114, \$185

(Registration fee + \$5 Institution technology fee)

Call 828-395-1405 to pre-register now!

#71661

Instructor: Cassidy Butler, RN, BSN

ONLINE and Wednesday, 8:00 AM - 4:30 PM

August 11 - December 17

Polk Campus, Room 116/114, \$185

(Registration fee + \$5 Institution technology fee)

Call 828-395-1405 to pre-register now!

#71669

Instructor: Katie Edwards, RN, BSN

ONLINE and Saturdays, 8:00 AM - 4:30 PM

August 25, 2025 - January 10, 2026

Polk Campus, Room 116/114, \$185

(Registration fee + \$5 Institution technology fee)

Call 828-395-1405 to pre-register now!

#71674

Instructor: Loretta Whiteside, RN, MSN

ONLINE & Wednesday, 8 AM - 4:30 PM

September 15, 2025 - February 5, 2026

Polk Campus, Room 116/114, \$185

(Registration fee + \$5 Institution technology fee)

Call 828-395-1405 to pre-register now!



**Have you thought about  
becoming a Practical Nurse or  
a Registered Nurse?**

***Begin planning today!***

**Contact The Patriot Hub**

**Phone: 828-395-1436**

**Email: [advising@isothermal.edu](mailto:advising@isothermal.edu)**

**In Person: Room 32 of the Student Center**

**ISOTHERMAL**  
COMMUNITY COLLEGE

**CLASS DATES ARE SUBJECT TO CHANGE. Please call (828) 395 - 1405 to confirm course dates.**

***\*Financial aid opportunities are available for the Nurse Aide Level I courses for qualifying students***

# COMPUTER SKILLS & TECHNOLOGY

## Part 107 Remote Pilot Exam Prep (Non-Emergency Services)

*Instructor: Brannon Ferguson*

This course prepares learners for small Unmanned Aircraft Systems (sUAS)/Drone flight certification. Topics include flight theory, flight operations, and flight training utilizing the Federal Aviation Administration (FAA) Remote Pilot - Small Unmanned Aircraft Systems Study Guide, North Carolina Unmanned Aircraft Systems Operator Permit Knowledge Test Study Guide, and North Carolina Department of Transportation (NCDOT) Division of Aviation UAS flight standards & best practices. Learners will gain an introduction to commercial, government, and recreational drone applications. Coursework will highlight topics such as regulations, weather, airspace, human factors and sUAS performance. Upon completion, students will be prepared to sit for the FAA Part 107 Remote Pilot Knowledge Test and NCDOT UAS Operator Permit. This course must be taught utilizing the NC Department of Transportation Division of Aviation approved curriculum.

#71858

Tues & Online, 6-9PM

June 10 - July 1

Spindale Campus, Hickory Room 1032, \$75

(Registration fee + \$5 Institution technology fee)

#71655

Thurs & Online, 5:30 PM - 8:30 PM

July 10 - July 31

Polk Campus, Room 110, \$75

(Registration fee + \$5 Institution technology fee)



*Brannon Ferguson is a native of Rutherfordton and a graduate of R.S. Central (1999). After graduating high-school he studied accounting at UNC Charlotte and later earned an M.B.A. from the University of Phoenix. While pursuing his graduate degree he started at Bank of America as an analyst in Global Corporate Investments. During the 2008 recession his experience at BofA led him to Capital Bank as a Portfolio Manager and he later worked at Wells Fargo as a Business Systems Analyst. After banking he found himself in logistics at Empire Distributors before eventually leaving the corporate world, started substitute teaching, and pursued NC Drones LLC full-time. During this time 'drone' technology became reliable and reasonably priced from a return-on-investment perspective and once he learned the data collection and analytic capabilities, coupled with industry changing technology, he was hooked indefinitely.*



## iPhone For Beginners

*Instructor: Clarke Bureson*

New to the iPhone? This beginner-friendly class will walk you through essential features like the Camera, Settings, Siri, Maps, and AirDrop—all based on what participants most want to learn. Bring your device and your questions as we explore how to make your iPhone easier and more useful daily!

#71759

Friday, 1 PM - 3 PM

July 11 - August 15

Polk Campus, Room 118, \$45

**TO REGISTER FOR CLASSES:**  
**ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)**  
**BY PHONE: (828) 395-1476**

**TO REGISTER FOR CLASSES:**  
**ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)**  
**BY PHONE: (828) 894-3092**

# CREATIVE/VISUAL ARTS

## Painting Open Studio

*Instructor: Vicki Van Vynckt*

Turn your blank canvas or paper into a work of art! In this painting class you choose your subject matter and the medium you prefer to work with: oils, acrylics, or watercolor. You will receive expert guidance in composition, color, color mixing, values, and other elements of design by instructor Vicki Van Vynckt. Beginning oil and acrylic artists are welcome. Watercolor artists should have some previous experience. Students are welcome to come and go as they please within the open studio period. Students need to bring their own supplies and projects to work on. If you are a beginner, please request a list of supplies that are available at the ICC Polk Campus office (828) 894-3092.

#71566

Tuesday, 9 AM - 3 PM

July 22 - September 9

Polk Campus, Room 103, \$90

Class includes one-hour lunch break.

*Nature has always been the greatest inspiration for Vicki's paintings. She feels grateful to be living in the foothills of the beautiful Blue Ridge Mountains and the inspiration it brings to her art. For Vicki, painting is an expression of gratitude for these gifts of nature. She started painting in oils at the age of fifteen and had always created art even earlier than she can remember. Her mother and grandfather were artists and so she was encouraged to be creative from a young age. Her subject matter includes skies, landscapes, animals, dreamscapes, and abstracts. She also has experimented with different art mediums through the years, with her favorite being oils and alcohol inks. At Cottey College, the University of Southern Indiana, and The Atelier art school Vicki continued fine art studies and eventually began teaching art through various art organizations as well as out of her home. She has been teaching painting classes at Isothermal Community College for over five years. Her paintings have been shown in over ninety art exhibitions since 1988 and she is currently represented by galleries in North Carolina, South Carolina, and online. You may visit her website at [www.vanvyncktfineart.com](http://www.vanvyncktfineart.com) or contact her at (828) 859-6758 for more information about her artwork or classes.*



## NEW! Acting I

*Instructor: PJ Thiessen*

This course introduces the craft of presentational acting for the novice actor, or for the experienced actors wishing to review acting basics. This course will follow the methods of Uta Hagen who best incorporated Stanislavsky "System" and "Method Acting" into a more practical approach for modern actors. Upon completion, actors will be able to use their bodies and voices more effectively for use in theatre productions or personal and business, focusing on authenticity and truthfulness in performance or public speaking. Additionally, monologues learned can be used for theatre auditions pieces.

Student supplies: A composition book or spiral notebook, 3-ring binder (1 inch), lined notebook paper, pen or pencil.

Saturdays, 10 AM - 12 PM

August 23 - September 27

Polk Campus, Auditorium, \$45

*Instructor PJ Thiessen holds a B.A. in Theatre Arts from Southern Connecticut State University and a two-year acting certificate from The Theatre School of Georgetown, DC. She has years of experience in community and semi-professional theatre as an actor, award-winning director, stage manager, costumer, props and house manager in Washington, DC, Arlington and Lynchburg VA. She was on the Board of Directors for St. Mark's Players of Capitol Hill, Washington, DC, for six years. PJ moved to Tryon in 2020 and has since founded The Humanitarian Players, a 501(c)3 nonprofit, presenting "Theatre for a Cause", for local fundraising, business awareness and outreach events.*

**TO REGISTER FOR CLASSES:**  
**ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)**  
**BY PHONE: (828) 894-3092**

# CREATIVE/VISUAL ARTS

## Drawing Open Studio

*Instructor: Janet Orselli*

Have you been developing drawing ability on your own but want constructive feedback? In this class students decide what and how they want to draw while connecting with others in a supportive atmosphere. The class is an opportunity to be creative, gain guidance and expand your artistic direction. Class will be geared to address individual student questions and interests. Students select and bring supplies and projects to work on. Beginners, please check with the instructor first.

#71567

Mon, 1 PM - 4 PM

June 30 - August 4

Polk Campus, Room 103, \$60

## Eye to Hand Drawing Workshop

*Instructor: Janet Orselli*

This one time 3-hour drawing intensive focuses on looking closely; guiding you to see your hand with an artist's eye. Students will observe, draw slowly, loosen up and practice the ins and outs of a range of "hands-on" contour line drawing exercises. This workshop provides a jumpstart to drawing from your unique internal eye. Students should bring with them a packet of vine charcoal (comes in thin sticks. It can be purchased on-line, at Michaels, Hobby Lobby or an art supply store), a kneaded eraser, and a medium sized sketchpad or paper. Students must bring their own supplies to class.

#71568

Wed, 1 PM - 4 PM

June 18

Polk Campus, Room 103, \$20

#71569

Wed, 1 PM - 4 PM

August 6

Polk Campus, Room 103, \$20

*Janet Orselli is a multidisciplinary artist known for her drawings, assemblage and site-specific installations. Holding an MFA from Clemson University, Orselli has an extensive exhibition history, including solo shows at prestigious venues such as OK Harris Works of Art in New York City and the Gibbes Museum of Art in Charleston, SC. She has been chosen for artist residencies at Anderson Ranch, Co; Spring Island, SC; and Kaiserslautern, Germany. She has also participated in numerous group exhibitions both regionally and nationally, showcasing her diverse artistic practice.*

*Orselli's accolades include a Pollock-Krasner Foundation Fellowship and multiple grants from the North Carolina Arts Council. In 2024, she was selected as the first Artist-in-Residence at the Tryon Arts and Crafts School Gallery. In 2018, she served as an Artist-in-Residence at the 701 Center for Contemporary Art in Columbia, SC. Additionally, Orselli has taught drawing at Spartanburg Community College, and Converse College, where her innovative approach earned her a special grant to teach an installation class resulting in a student-led installation in downtown Spartanburg. Currently she teaches drawing at Isothermal and lives in Columbus, NC.*



**TO REGISTER FOR CLASSES:**  
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**BY PHONE: (828) 894-3092**

# CREATIVE/VISUAL ARTS

## India Ink & Watercolor Landscape Workshop

*Instructor: Alaina Carnahan*

Join 2-Dimensional artist Alaina Carnahan in this one day workshop introducing the basics of painting with ink and watercolor. Creating in liquid mediums can have a calming, therapeutic effect. Learn to “go with the flow”, decompress stress, and create a landscape. A brief discussion of materials, techniques and artists is followed by hands-on creation resulting in an artwork or reference samples for enjoyment and future reference. Students should bring watercolor paper, watercolor palette and black, fluid (India) ink, brushes, basic pencil, eraser, and a white crayon or watercolor resist pen.

#71624

Tues, 3:30 PM - 6:30 PM

May 20

Polk Campus, Room 103, \$20

#71625

Tues, 3:30 PM - 6:30 PM

June 3

Polk Campus, Room 103, \$20

#71626

Tues, 3:30 PM - 6:30 PM

July 15

Polk Campus, Room 103, \$20

#71627

Tues, 3:30 PM - 6:30 PM

August 5

Polk Campus, Room 103, \$20

#70087

Tuesday, 3:30 PM - 6:30 PM

April 1 - May 13

Polk Campus, Room 103, \$75

No class on 4/15.

## Printmaking Workshop

*Instructor: Alaina Carnahan*

Join 2-Dimensional artist Alaina Carnahan for a one-day course introducing the basics of printmaking using an additive layering process with easily accessed and upcycled materials. A brief discussion of materials, techniques and artists is followed by hands-on creation resulting in an artwork or reference samples for enjoyment and future reference. Students gain a different perspective on repurposing everyday items which produce textured marks that, by layering, produce expressive artwork ranging from abstract to representational. Students should bring a roll of paper towels, a printmaking brayer, water-based relief printmaking ink available at big box and online arts and crafts retailers, and an art pad of blank paper. We will have a break; students are welcome to bring snacks.

#71628

Tues, 3:30 PM - 6:30 PM

May 27

Polk Campus, Room 103, \$20

#71629

Tues, 3:30 PM - 6:30 PM

June 17

Polk Campus, Room 103, \$20

#71630

Tues, 3:30 PM - 6:30 PM

July 22

Polk Campus, Room 103, \$20

#71631

Tues, 3:30 PM - 6:30 PM

August 19

Polk Campus, Room 103, \$20

**Alaina Carnahan** is a practicing 2-dimensional artist working primarily in printmaking, drawing, and photography. With a photojournalism background and degree in Fine Art, her work explores interactions between people, nature, communities, and cultural traditions. She enjoys sharing how art can contribute to a sense of personal fulfillment and positively impact communities facing societal challenges. Alaina focuses primarily on exhibiting work in the Midwest and Southeast at venues with high public access for those not specifically looking to interact with artwork; this includes shows at the Cape Fear Botanical Gardens in NC, Statehouse in Indianapolis, Indiana, and community hospitals and local libraries. Whether through administrative work, teaching, or directly creating and exhibiting art, she strives to connect people with the arts.

TO REGISTER FOR CLASSES:  
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BY PHONE: (828) 894-3092

# GENERAL INTEREST & HOBBIES

## **Ballet Barre For Beginners (Ages 18-49)**

*Instructor: Tia Hollinshead*

Develop your strength, flexibility, and artistry by leaping into this course designed to introduce new dancers to the fundamentals of ballet technique. Open to students aged 18 - 49, with no dance experience required, this true beginner ballet class will establish a foundational knowledge of ballet vocabulary, positions and movement. This course offers a welcoming entry point for all students to explore an expressive and challenging art form.

*\*Students wear comfortable clothes with either regular ballet slippers or socks.*

**#71570**

Saturday, 10 AM - 11 AM

May 31 - July 26

Polk Campus, Room 110, \$45

No class on July 5th.

## **Ballet Barre For Beginners (Ages 50+)**

*Instructor: Tia Hollinshead*

Develop your strength, flexibility, and artistry by leaping into this course designed to introduce new dancers to the fundamentals of ballet technique. Open to students aged 50+, with no dance experience required, this true beginner ballet class will establish a foundational knowledge of ballet vocabulary, positions and movement. This course offers a welcoming entry point for all students to explore an expressive and challenging art form.

*\*Students wear comfortable clothes with either regular ballet slippers or socks.*

**#71571**

Saturday, 11:15 AM - 12:15 PM

May 31 - July 26

Polk Campus, Room 110, \$45

No class on July 5th.

*Tia Hollinshead is a seasoned ballet teacher and former professional dancer.*

## **NEW! BLS Provider**

*Instructor: Stacey Jenkins*

This course covers the basic knowledge and skills for the performance of infant, child, and adult CPR and the management of foreign body airway obstruction and use of AED. Emphasis is placed on recognition, assessment, and proper management of emergency care. Upon completion, students should be able to perform infant, child, and adult CPR with use of AED, and manage foreign body airway obstructions. Students are required to bring \$10 for CPR card payment at the time of class. Payment must be in cash and exact change. Ecards will be issued through email via the American Heart Association.

**#71649**

Thursday, 5 PM - 9 PM

June 12

Polk Campus, Room 118, \$70

**#71651**

Friday, 8 AM - 12 PM

August 1

Polk Campus, Room 105, \$70

## **Dental Assisting Program: Your Pathway to a Rewarding Career!**

### **Equip yourself with essential skills and knowledge to thrive in this dynamic profession**

- Master chair side assisting skills.
- Integrate infection control techniques.
- Obtain radiography proficiency
- Gain ability to perform appropriate life-saving measures for medical emergencies in a dental setting

### **Contact Us:**

Visit: [www.isothermal.edu](http://www.isothermal.edu)

Call: (828) 395-1436

Email: [advising@isothermal.edu](mailto:advising@isothermal.edu)

**ISOTHERMAL**  
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TO REGISTER FOR CLASSES:  
ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)  
BY PHONE: (828) 894-3092

# PRECISION STARTS HERE

**ISOTHERMAL**  
COMMUNITY COLLEGE

## TAKE CONTROL OF YOUR FUTURE!

*Take control of your future with hands-on CNC machining skills and industry-recognized certification.*

Launch your career in advanced manufacturing with Isothermal's CNC Machining course. Learn the fundamentals of CNC machine operation, from basic setups and tool touch-off to print reading and part inspection.

This hands-on course also includes an online component aligned with the Haas Basic Mill Operator certification—a great first step toward a high-demand career in precision machining.



# HEALTHY LIVING & PHYSICAL EDUCATION

## **Fitness Swim (Lap Swim)**

*Instructor: Deborah Gerard*

This class is designed for individuals who wish to develop their cardiovascular fitness through swimming laps. Emphasis is placed on increasing cardiovascular fitness, muscle strength, and muscle endurance. This program is individually paced. You may keep a record of your laps, time, and pulse rate to chart progress.

#71699

May 19 - Sept 17

Mon/Wed, 7 - 7:50 AM

Rutherford Campus, Student Center, Pool, \$60

## **Water Exercise / Lap Swim**

*Instructor: Deborah Gerard*

This is a combination class. Participants can choose between self-paced laps to develop cardiovascular fitness or participate with the group performing rhythmic aerobic water activity to increase muscle strength, muscle endurance and flexibility through water resistance.

#71700

May 19 - Sept 17

Mon/Wed, 1 - 1:50 PM

Rutherford Campus, Student Center, Pool, \$60

## **Water Exercise**

*Instructor: Betsy Pryor*

Participate with the group performing rhythmic aerobic water activity to increase muscle strength, muscle endurance and flexibility through water resistance. Participants can move at their own pace and ability.

#71701

May 20 - Sept 11

Tues/Thurs, 4:45 - 5:40 PM

Rutherford Campus, Student Center, Pool, \$60

## **Zumba**

*Instructor: Wavolyn Norville*

In this 6-week Latin inspired dance class, students of all ages and fitness levels will enjoy working out to simple choreography. Join in on the fun, and burn calories while moving to the rhythm. The best part is that it doesn't even feel like exercise!

#71680

Thurs, 6 - 7 PM

May 1 - June 5

Rutherford Campus, Student Center, Gym, \$40

*Instructor **Wavolyn Norville** has been a licensed Zumba Instructor since 2011. She previously taught aerobics. Her motto is "We Zumba because we love it!"*

**TO REGISTER FOR CLASSES:**  
**ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)**  
**BY PHONE: (828) 395-1476**



## Discover a fulfilling opportunity in Early Childhood Education

### Embark on a career that Shapes The Future!

- Create environments that are healthy, respectful, supportive, and challenging to all children
- Design and implement developmentally effective curriculum that addresses all areas of learning
- Use authentic assessment responsibility to make informed decisions to guide all children's learning
- Utilize technology to enhance learning for all children
- Serve as a leader, advocate, and professional in the field of early education

### Contact Us:

Visit: [www.isothermal.edu](http://www.isothermal.edu)

Call: (828) 395-1436

Email: [advising@isothermal.edu](mailto:advising@isothermal.edu)

**ISOTHERMAL**  
COMMUNITY COLLEGE



## The Campus Bookstore

Located in the Student Center Building

Go to **[bookstore.isothermal.edu](http://bookstore.isothermal.edu)** for most up-to-date information.

Most all materials can be ordered through the website.

### Hours

**Monday 9 am – 6 pm**

**Tuesday – Thursday 9 am – 3:30 pm**

**Friday 9 am – 12 pm**

Extended hours during the week before and two weeks after  
the first day of the semester:

**Monday – Thursday 8:30 am – 6 pm**

**Friday 8:30 am – 3 pm**

Isothermal Bookstore carries a full-line of apparel, supplies and accessories with the school logo.

We also have a wide selection of Jansport bookbags with lifetime warranties that sell for 15-30% below retail.

**Please contact us at  
828-395-1633  
with any questions  
or concerns.**

**Don't forget to check out our CLEARANCE Books!**

# OCCUPATIONAL TRAINING & PROFESSIONAL DEVELOPMENT

## **BLS Recertification**

*Instructor: Stacey Jenkins*

This course is designed to review Cardiopulmonary Resuscitation, patient assessment, medical and environmental emergencies, triage, and blood borne pathogens in order for students to maintain certification in First Aid and CPR". Students are required to bring \$10 for CPR card payment at the time of class. Payment must be in cash and exact change. Ecards will be issued through email via the American Heart Association.

#71760

Saturday, 9 AM - 1 PM

July 12

Polk Campus, Room 105

## **Intro to Solid Modeling**

*Instructor: Bobbi Hodge*

This course is designed to introduce the basic concepts of computer-aided design and drafting. Students will learn how to create solid models in CAD software programs such as Solid/Works and AutoDesk Inventor. Students will be instructed on how to set up files for 3D printing and be able to produce 3D printed parts of their own. They will learn about the relationship between CAD models and computer integrated machining as well. Upon completion, students will be able to create a basic model for 3D printing and machining.

#71692

June 3 - July 30

Rutherford Campus, ONLINE, with scheduled seated lab time TBD \$185

(Registration fee + \$5 Institution technology fee)

## **Advanced Solid Modeling**

*Instructor: Bobbi Hodge*

This course is designed to introduce advanced concepts of computer-aided design and drafting. A basic understanding of computer-aided drafting and solid modeling is recommended. Students will dive deeper into advanced CAD operations such as producing working drawing packages from a created model, assembly drawings, renderings and simulations. Upon completion, students should be able to create advanced solid models from CAD software.

# 71697

June 3 - July 30

Rutherford Campus, ONLINE, with scheduled seated lab time TBD \$185

(Registration fee + \$5 Institution technology fee)

## **Civil/Surveying CAD**

*Instructor: Bobbi Hodge*

This course introduces civil/surveying computer-aided drafting (CAD) software. Topics include drawing, editing, and dimensioning commands; plotting; and other related civil/surveying topics. Upon completion, students should be able to produce civil/surveying drawings using CAD software.

#71724

June 3 - July 30

ONLINE, \$185

(Registration fee + \$5 Institution technology fee)



## **Intro to Early Child Education**

*Instructor: Alice McCluney*

This course introduces the foundations of culturally responsive, equitable and inclusive early childhood education, planning intentional developmentally appropriate experiences, learning activities, and teaching strategies for indoor and outdoor environments for all young children, guidance techniques, and professionalism. Topics include theoretical foundations, national early learning standards, NC Foundations for Early Learning and Development, state regulations, program types, career options, professionalism, ethical conduct, quality inclusive environments, guidance techniques, and curriculum responsive to the needs of each child/family. Upon completion, students should be able to implement developmentally appropriate environments, guidance techniques, schedules, and teaching strategies across developmental domains to support culturally, linguistically, and ability diverse children and their families in inclusive settings, and design a personal career/professional development plan.

#71832

June 3 - July 30

Rutherford Campus, ONLINE \$185

(Registration fee + \$5 Institution technology fee)

# OCCUPATIONAL TRAINING & PROFESSIONAL DEVELOPMENT

## Professional Truck Driving

*All New Truck Driver Training Program Coming August 4th!*

The Truck Driving Training program prepares individuals to drive tractor trailer rigs. This course teaches proper driving procedures, safe driver responsibility, commercial motor vehicle laws and regulations, and the basic principles and practices of operating commercial vehicles. The course work includes motor vehicle laws and regulations, map reading, vehicle maintenance, safety procedures, daily logs, defensive driving, freight handling, security and fire protection. Highway driving training exercises and classroom lectures are used to develop the student's knowledge and skills. Upon successful completion, the students are qualified to take the Commercial Driver's license exam to earn their Class A-CDL and are employable by commercial trucking firms. They may also become owner-operators and work as private contract haulers. Truck driving company recruiters will visit the class, and the majority of students accept a position and are ready to begin their career upon successfully graduating.

**Orientation: July 8th at 10 AM**

**Location: Hickory Room**

**Located in the lower level of the Foundation Building.**

**Class Dates: August 4th through October 8th**

**Monday through Wednesday: 8 AM to 5:30 PM**

**Thursdays: 8 AM to 3:30 PM**

**Fridays: Online**

*For more information, contact Myron Greene at [mgreene@isothermal.edu](mailto:mgreene@isothermal.edu) or (828) 395-1576.*



# OCCUPATIONAL TRAINING & PROFESSIONAL DEVELOPMENT

## Vehicle Safety Inspection Certification - Initial and Renewal

*Instructor: Larry Bailey*

This class prepares students to renew and obtain the license for North Carolina Auto Safety Inspection. This course is designed to meet the training requirements (initial and/or renewal) for the Auto Safety Inspection Program administered by the NC Division of Motor Vehicles, License and Theft Bureau. To be licensed as a safety inspector, a mechanic must attend an eight-hour safety course and pass a state certification exam. Topics covered include an overview of DMV regulations, inspection procedures and proper use of diagnostic equipment. **Students MUST bring the station number of their employer.** Regulations manuals will be provided for use in the classroom

#71677

Wed/Thurs, 6PM -10PM

June 11/12

Rutherford Campus, Business Sciences, Blue Room 15, \$70

#71678

Wed/Thurs, 6PM -10PM

July 9/10

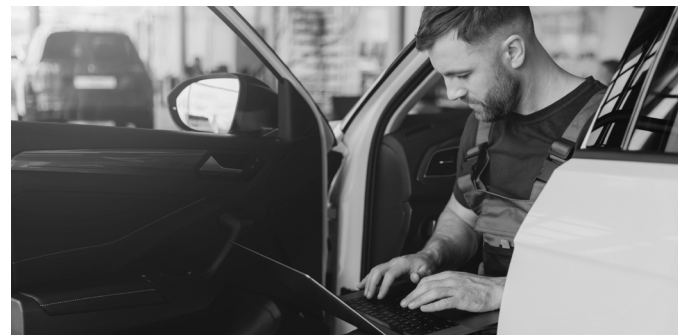
Rutherford Campus, Business Sciences, Blue Room 15, \$70

#71679

Wed/Thurs, 6PM -10PM

August 6/7

Rutherford Campus, Business Sciences, Blue Room 15, \$70



## Construction Materials & Methods

*Instructor: Michael Lyda*

This course introduces construction materials and methodologies. Topics include construction terminology, traditional and alternative materials and their properties, manufacturing processes, construction techniques, and other related topics. Upon completion, students should be able to detail construction assemblies and identify construction materials and properties.

#71723

June 3 - July 30

ONLINE, \$185

(Registration fee + \$5 Institution technology fee)

## Sustainable Building Design

*Instructor: Michael Lyda*

This course is designed to increase student knowledge about integrating sustainable design principles and green building technologies into mainstream residential construction practices. Emphasis is placed on reducing negative environmental impact and improving building performance, indoor air quality and the comfort of a building's occupants. Upon completion, students should be able to identify principles of green building, environmental efficiency and conservation of natural resources in relation to basic construction practices.

#71731

June 3 - July 30

ONLINE, \$185

(Registration fee + \$5 Institution technology fee)

## Python Programming

*Instructor: Katie Anders*

This course introduces computer programming using the Python Programming language. Emphasis is placed on common algorithms and programming principles utilizing the standard library distributed with Python. Upon completion, students should be able to design, code, test, and debug Python language programs.

#71730

June 3 - July 30

ONLINE, \$185

(Registration fee + \$5 Institution technology fee)

TO REGISTER FOR CLASSES:  
ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)  
BY PHONE: (828) 894-3092

TO REGISTER FOR CLASSES:  
ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)  
BY PHONE: (828) 395-1476

# OCCUPATIONAL TRAINING & PROFESSIONAL DEVELOPMENT

## Equine Business Law

*Instructor: Kim Wawzysko*

This course presents the legal options and responsibilities of horse business and equine professionals. Topics include liability, lawsuits and relevant precedents, insurance, contracts, taxes, debt collection, purchase of property, estate planning, trailering laws, and abuse and neglect. Upon completion, students should be able to discuss legal options and responsibilities and make choices based on legal options and responsibilities.

#71710

June 3 - July 30

ONLINE, \$75

(Registration fee + \$5 Institution technology fee)

## Horse Farm Management

*Instructor: Kim Wawzysko*

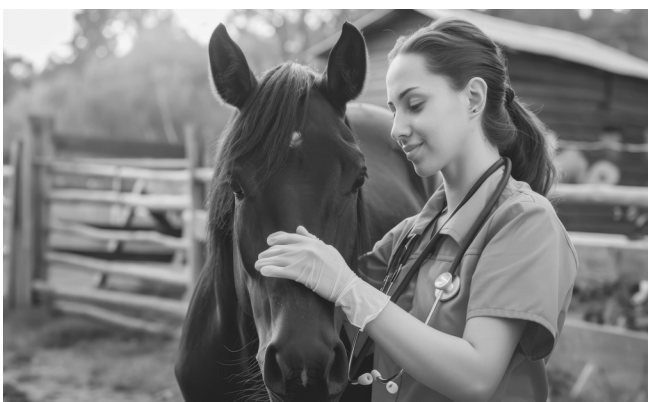
The course covers horse farm management practices. Emphasis is placed on facility planning, record keeping, safety, labor, maintenance, preventative medicine management, equipment operations and care, work ethos, problem solving, supervision and teamwork skills. Upon completion, students should be able to design a facility on paper and assist in the management of an equine facility and herd, including supervision.

#71712

May 27 - July 30

ONLINE, \$185

(Registration fee + \$5 Institution technology fee)



## CNC Operation

*Instructor: Jeff Waters*

This course provides comprehensive training on the fundamental aspects of CNC machine operation. Participants will learn how to perform basic machine setups, tool touch-off, and work coordinate settings. The course also introduces basic print reading and inspection practices. Students will develop foundational skills necessary for CNC machine operation and part inspection. The online portion aligns with the Haas Basic Mill Operator certification.

#71805

June 2 - July 30

Monday & Wednesday

1 PM – 6 PM in the Machine Shop

Online

(Registration Fee \$180 + \$5 Technology fee)



## QuickBooks

*Instructor: Rick Childress*

This course introduces software applications related to accounting systems. Topics include general ledger, accounts receivable, accounts payable, inventory, payroll, and correcting, adjusting, and closing entries. Upon completion, students should be able to use a QuickBooks to accurately solve accounting problems.

#71461

June 3 - July 30

Online

(Registration Fee \$180 + \$5 Technology fee)

TO REGISTER FOR CLASSES:  
ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)  
BY PHONE: (828) 395-1476

TO REGISTER FOR CLASSES:  
ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)  
BY PHONE: (828) 894-3092

# OCCUPATIONAL TRAINING & PROFESSIONAL DEVELOPMENT

## HAVE YOU RECEIVED A TRAFFIC CITATION?

Don't let that ticket ruin your driving record. The District Attorney, Clerk of Court, and judges want us to be safer drivers.

If you have been charged with a minor traffic violation in the 29th Judicial District (McDowell and Rutherford) or other counties in North Carolina honoring the National Safety and Health Council's Defensive Driving Program, you may elect to have it reduced by the District Attorney.

Isothermal Community College offers the Defensive Driving Program through the National Safety Council of North Carolina, which trains motorists in the principles of safe driving.

The course should be completed and the information presented to the Clerk of Court for payment no later than two (2) working days before your scheduled court date.

Defensive Driving 4-hour class is offered on select Wednesdays of the month. You must pre-register and pay no later than Monday, 12 PM (noon) for the Wednesday class.

Fee: \$65

Defensive Driving 8-hour class is offered the last Saturday of each month (excluding months with holidays). You must pre-register and pay no later than Wednesday, 12 PM (noon) the week of the class.

Fee: \$85

Alive at 25 classes is for any student between the ages of 16 and 24 years. This 4-hour class is offered on select Tuesdays of each month. You must pre-register and pay no later than Tuesday 12 PM (noon) the week of the class.

Fee: \$65

***\*\*Occasionally classes must be canceled or dates changed. Do not wait until the last possible class date before your court date to take the class. \*\****

**Please call LaRae Varela at 828-395-1476, Monday through Thursday, 7:30 AM to 5:30 PM for registration information.**

**TO REGISTER FOR CLASSES:  
ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)  
BY PHONE: (828) 395-1476**

Contact	Population Served	Contact Information
<b>Charity Allen</b> , Title IX Coordinator	Employees, Community Members, and Coordinates all Title IX Issues	828-395-1686 callen@isothermal.edu
<b>Sandra Lackner</b> , Title IX Deputy Coordinator	Curriculum and Continuing Education Students	828-395-1429 slackner@isothermal.edu
<b>Jeremiah McCluney</b> , Title IX Deputy Coordinator	REaCH Students	828-395-4164 jsmccclun@rcsnc.org
<b>Mary Metcalf Greene</b> , Title IX Deputy Coordinator	Polk County Early College Students	828-395-4164 mgreene@polkschools.org

# STAND BEHIND THE BLUE?

STEP INTO THE UNIFORM



## Admission Criteria

- A U.S. Citizen
- Possess a valid driver's license
- Be a high school graduate (or GED)
- Be at least 20 yrs. old (in some cases, 19)
- Have no serious criminal or traffic violations
- Be in good physical health



**NEXT CLASS STARTS  
AUGUST 25TH, 2025**

**Call Brenda  
McFarland  
(828)-395-1668  
to sign up for classes  
today!**

# Prepare for a career in Cosmetology!

**Are you ready to enter a world of  
creativity, sculpting and design?**

- Produce professional imaging in hair care.
- Master an understanding of nail care.
- Acquire appropriate manipulative techniques in skin care.
- Recognize the differences in multicultural cosmetic practices.

## Contact Us:

Visit: [www.isothermal.edu](http://www.isothermal.edu)

Call: (828) 395-1436

Email: [advising@isothermal.edu](mailto:advising@isothermal.edu)





- ◆ Certified EMS, Fire Fighter, and Law Enforcement courses
- ◆ American Heart Association Training Center
- ◆ Basic Law Enforcement Training (BLET)

FOR MORE INFORMATION, CONTACT

**Marnie Beaver**

EMS Program Support

(828) 395-1532, mbeaver@isothermal.edu

**John Splawn**

Fire Services Training Specialist

(828) 395-1766, jsplawn@isothermal.edu

**Jason Wilson**

Emergency Medical Services Specialist

(828) 395-4345, jwilson@isothermal.edu

**Brenda McFarland**

Administrative Assistant II HPS/BLET

(828) 395-1668, bmcfarland@isothermal.edu

# Discover Your Future in Machining!

- Learn the Skills That Shape the Future
- Join our Computer Integrated Machining
- Program and master the tools, techniques, and technologies driving modern manufacturing.
- Hands-On Training
- Work with state-of-the-art equipment and gain real-world experience.
- High-Demand Careers
- Machinists are the backbone of industries like aerospace, automotive, and robotics. Be part of a growing field with excellent earning potential!



**Contact Us:**

Visit: [www.isothermal.edu](http://www.isothermal.edu)

Call: (828)395-1436

Email: [advising@isothermal.edu](mailto:advising@isothermal.edu)

TO REGISTER FOR CLASSES:  
ONLINE: [WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION](http://WWW.ISOTHERMAL.EDU/CONTINUING-EDUCATION)  
BY PHONE: (828) 395-1476



# Career and Employment Resource Center

*Training People for Success in the Workforce*

When you are entering the job market for the first time, the path to successful employment starts with being prepared. Human Resource Development (HRD) workshops are geared toward equipping job seekers with information, skills, self-awareness and insight into workplace expectations. Workshops are open to everyone, and can be attended fee-waived if the participant is a North Carolina resident who is unemployed, underemployed or has received notice of layoff.

## **Polk Campus—1255 West Mills St., Columbus**

### **Tuesday, June 10**

**9 AM—11 AM Where Do I Fit In?** Exploration and assessment of what interests you and possible career paths.

**11:15 AM—1:15 PM Résumé Writing** Students will take inventory of their skills, education, experience and attributes, and learn how to present this information in the format most beneficial to them.

**2 PM—4 PM Master the Interview** Learn how to prepare mentally, physically and emotionally for an interview.

### **Wednesday, June 11**

**9 AM—11 AM Strategic Job Search** Learn how to use proven strategies for a successful job search.

**11:15 AM—1:15 PM Mindset for Success** Why do employers across the job spectrum consistently identify attitude as a challenge among the workforce, yet one of the most highly regarded attributes.

**2 PM—4 PM Mock Interviews** Practice makes perfect. Come prepared with a job posting of your choosing and a copy of your résumé. You will receive constructive guidance on your interview skills.

### **Thursday, June 12**

**1 PM—3 PM Communication Fundamentals** Learn the definition of communication; discuss the process, and discover what factors affect communication. Learn strategies for enhancing communication skills.

**3:30 PM—5:30 PM Basic Money Management** Learn basic financial concepts and terminology. Explore how to make sound decisions for your personal priorities and budget.

## **Rutherford Campus—286 ICC Loop Rd., Spindale**

### **Tuesday, June 17**

**9 AM—11 AM Where Do I Fit In?** Exploration and assessment of what interests you and possible career paths.

**11:15 AM—1:15 PM Résumé Writing** Students will take inventory of their skills, education, experience and attributes, and learn how to present this information in the format most beneficial to them.

**2 PM—4 PM Master the Interview** Learn how to prepare mentally, physically and emotionally for an interview.

### **Wednesday, June 18**

**9 AM—11 AM Strategic Job Search** Learn how to use proven strategies for a successful job search.

**11:15 AM—1:15 PM Mindset for Success** Why do employers across the job spectrum consistently identify attitude as a challenge among the workforce, yet one of the most highly regarded attributes.

**2 PM—4 PM Mock Interviews** Practice makes perfect. Come prepared with a job posting of your choosing and a copy of your résumé. You will receive constructive guidance on your interview skills.

### **Thursday, June 19**

**1 PM—3 PM Communication Fundamentals** Learn the definition of communication; discuss the process, and discover what factors affect communication. Learn strategies for enhancing communication skills.

**3:30 PM—5:30 PM Basic Money Management** Learn basic financial concepts and terminology. Explore how to make sound decisions for your personal priorities and budget.



For more information, or **to register** for any of the workshops, contact  
Karen Marshall 828-395-1163 or  
[kmarshall@isothermal.edu](mailto:kmarshall@isothermal.edu)

# Chat with Pat



Our new chatbot is available 24/7 at [isothermal.edu](http://isothermal.edu) to answer your questions about Isothermal.



## Check out Career Coach!

Career Coach will allow you to discover majors, in-demand careers, and education based on your interests. Using this FREE tool, you can:

- ▶ Take a career assessment to learn about yourself and Career Coach will give you career suggestions based on your interests.
- ▶ Browse or search for careers and explore relevant data on wages, employment, and the training you need.
- ▶ Browse or search for programs at Isothermal that lead to the career you want.
- ▶ Build a professional resume.

## When life takes a curve, make your own path!

### Curriculum Registration open for Summer & Fall 2025!

## *Call today!*

[www.isothermal.edu/advising](http://www.isothermal.edu/advising)



Contact The Patriot Hub  
at 828-395-1436.



# Free ESL Classes

## Clases gratuitas de ESL

ESL classes at Isothermal Community College are open to all who are interested in building their English language skills.

Las clases de ESL en el Isothermal Community College están abiertas a todos los que estén interesados en mejorar sus conocimientos de inglés.



## Classes in Rutherford and Polk County

### Clases en los condados de Rutherford y Polk

#### Open Enrollment

New students can join everyday

#### Easy to Start

Walk in to class and say "hi"

#### Free

No cost to participate, all materials provided

#### Matrícula abierta

Los nuevos estudiantes pueden incorporarse todos los días

#### Fácil de comenzar

Entrar en clase y decir "hola"

#### Gratis

La participación es gratuita, se proporcionan todos los materiales



**NOW OFFERING BURLINGTON ENGLISH, CALL FOR MORE INFORMATION!**

Location	Address	Days	Times	Notes
Rutherford Campus	Foundation building, Pine room 286 ICC Loop Rd Spindale, NC 28160	M, T, W	10am – 1pm	
		M, T, W, Th	5pm – 8pm	
Polk Campus	Room 124 1255 W Mills St Columbus, NC 28722	M, T, W	10am – 2pm	
		M	6pm – 8pm	
ESL Online	Online	MTWTHFSU	12:00am-11:59pm	Distance Learning Class Clases online
TBD	TBD	TBD	TBD	New classes can be opened any time. Se pueden abrir nuevas clases en cualquier momento.

For more information contact Lori Greene, Call 828-395-4191, Text 828-351-9924  
or email [lgreene@isothermal.edu](mailto:lgreene@isothermal.edu)

Para más información, llame o envíe un correo electrónico  
Lori Greene 828-395-4191 [lgreene@isothermal.edu](mailto:lgreene@isothermal.edu)

# Free Computer Class for Beginners!

Explore and learn



## **I. Basic Computer Skills**

- Turning on and navigating a new device
- Troubleshooting basic computer challenges
- Setting up user preferences on a computer

## **II. Internet Basics**

- Navigating an internet browser to complete a personal goal
- Identifying specific search terms to produce a successful internet search
- Differentiating between safe websites and those with possible malware or viruses

## **III. Using Email**

**ISOTHERMAL**  
COMMUNITY COLLEGE

## ***Call to Learn More!***

828-395-1631

**NEW**

**CLASSES PROVIDED AT THE  
POLK CAMPUS AND RUTHERFORD CAMPUS.**

# WHO SHOULD HAVE A National Career Readiness Certificate™?



# EVERYONE!

## Here's how to get one....

The National Career Readiness Certificate (NCRC) is based on the ACT WorkKeys Industry Skills Assessment System.

Examinees must successfully complete the three assessments which measure a range of essential work skills in each area. Assessments are offered on a regular schedule through the Continuing Education Department.

**ACT's National Career Readiness Certificate™ (NCRC) PROVES to employers that you have the skills to do the job.**

It is a portable, industry-recognized, research-based credential that certifies essential skills needed for workplace success. To earn a NCRC, students are assessed in:

- Workplace Documents
- Applied Math
- Graphic Literacy

Certificates are issued according to assessed skill levels: Bronze, Silver, Gold or Platinum

**For more information or to schedule a test date, contact Karen Marshall, 828-395-1163, or [kmarshall@isothermal.edu](mailto:kmarshall@isothermal.edu)**



**COMING SOON**

## Certified Medical Assistant Class



**Isothermal Community College Continuing Education is excited to announce our upcoming Certified Medical Assistant Class.**

This 381-hours course provides skills training in three competency areas related to the job performance for medical assistants: administrative office, laboratory and clinical. Course work will include:

- Scheduling Appointments
- Insurance Coding and Billing
- Medical Transcription
- Computer Operations
- Assisting with Exams and Treatments
- Performing Routine Laboratory Procedures
- Ethical/Legal Issues Associated with Patient Care

**Upon completion students will have the knowledge base to apply for national certification as a Medical Assistant**

**For more information, contact Sandy Brackett, 828-395-1405, or [sbrackett@isothermal.edu](mailto:sbrackett@isothermal.edu)**

**ISOTHERMAL**  
COMMUNITY COLLEGE

# Massage THERAPY

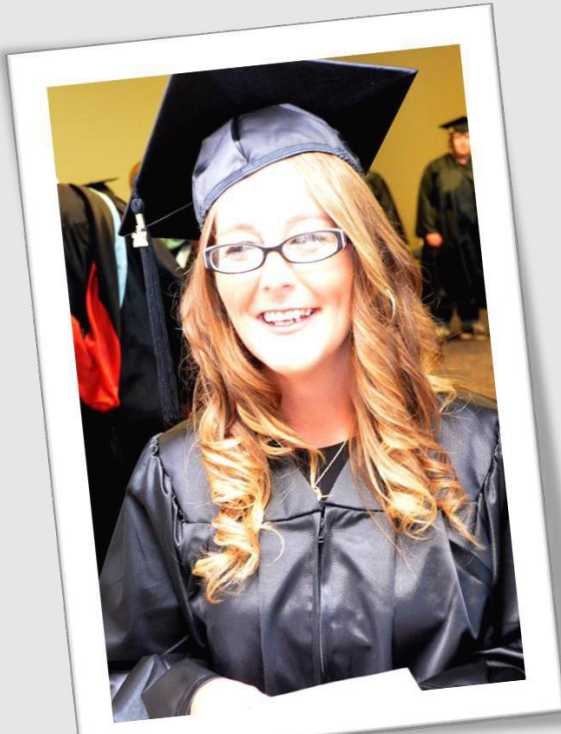
***One year to a  
new career!***

**Weekday, weekend and evening course options.  
Call for the 2025 schedule.**

**This program is  
consistent with the  
standards of practice  
held by the North  
Carolina Board of  
Massage and  
Bodywork Therapy.**

**For more information contact Polk Campus at 828-395-1098.**

**It's never too late!**



**Earn your diploma at ICC!**

**FREE CLASSES**

- ✓ Complete your high school diploma
- ✓ Prepare for High School Equivalency exams (GED® and HiSET®)
- ✓ Improve ASVAB Scores
- ✓ Prepare for college
- ✓ Prepare for employment

**START TODAY!**

**MORE INFORMATION**

Barbara Callahan  
828-395-1631  
bcallahan@isothermal.edu

Foundation Building, Oak Room  
286 ICC Loop Rd  
Spindale, NC 28160

**CLASES GRATIS DE ESL**



**Aprende a hablar inglés para...**

- ✓ Trabajo
- ✓ Participación en la comunidad
- ✓ Ayudar a los niños con la tarea
- ✓ Mejore al hablar, leer, escribir y escuchar

**¡¡¡Únete hoy!!!**

**Más información**

Lori Greene  
828-395-4191  
lgreene@isothermal.edu

Foundation Building, Oak Room  
286 ICC Loop Rd  
Spindale, NC 28160



be  
Great  
in  
8

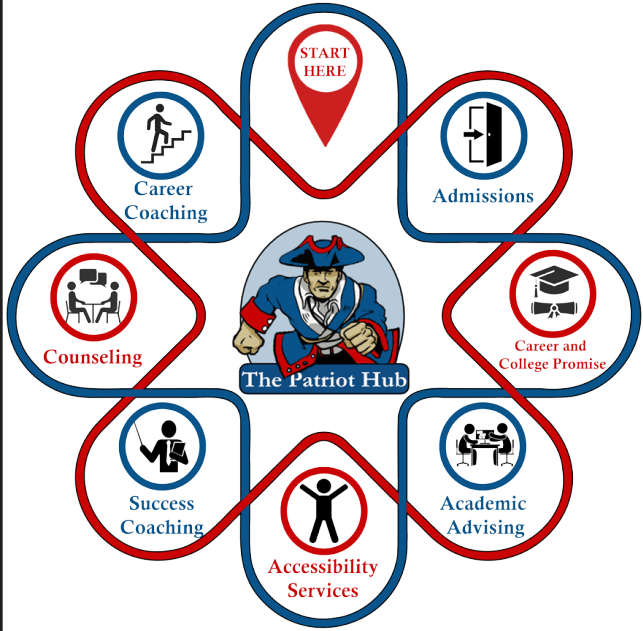
**ISOTHERMAL**  
COMMUNITY COLLEGE

Starting in the fall of 2023, Isothermal Community College will offer most of its courses in an 8-week format. The fall and spring semesters will include a "1st 8-week term" and a "2nd 8-week term." Additionally, most summer classes will be offered during an 8-week term, although there may be some slightly longer 10-week courses.

We are offering courses in an 8-week format because data from across the nation shows that this format provides several benefits to students that lead to better student success in individual classes and program completion. Major differences between 16-week and 8-week courses include:

**16** **VS.** **8**  
WEEK WEEK

- |  |   |
|--|---|
| • 12-18 credit hours per 16 week term (on average) | • 6-9 credit hours per 8 week term (on average) |
| • Take 4-5 classes at a time                       | • Take 2-3 classes at a time                    |
| • Keep up with 4-5 sets of assignments             | • Keep up with 2-3 sets of assignments          |
| • Communicate with 4-5 instructors at a time       | • Communicate with 2-3 instructors at a time    |



## THE PATRIOT HUB

Isothermal introduces, The Patriot Hub, your one stop for all enrollment, advising and access to campus and community resources. These services will include:

**Admissions**  
**Career and College Promise**  
**Academic Advising with College Navigators**  
**Accessibility Services**  
**Career Coaching**  
**Success Coaching**  
**Campus and Community Resources**  
**Counseling**  
**Change of Major**  
**Name and Address Changes**  
**Registration and Schedule Adjustments**  
**Transcript Requests**  
**Adjust Course Schedules**

**For More Information**  
**Call 828-395-1436**  
**To Start Your Journey**



# SMALL BUSINESS CENTER

## WHAT IS THE SBC?

The Small Business Center is a part of the NC Community Colleges Small Business Network. We are our states largest state-supported small Business Assistance incentive. Over 30 years old, we were started back in 1984. The Small Business Center Network has at least one Small Business Center at each of our Community Colleges.

## WHERE CAN I FIND IT?

The Small Business Center is located at Isothermal Community College and serves both Polk and Rutherford County. The office is in the lower level of the Foundation Building.

## WHAT CAN IT DO FOR ME?

The Small Business Center focuses on entrepreneurship, Small Business and economic development with emphasis on assisting start-ups and existing businesses seeking disaster assistance or referral information all free.

- Confidential Counseling
- Webinars and Seminars
- Starting your Business
- Developing your Business Plan
- Marketing your Business
- Financing your Business
- Selling to the Government
- Expanding your Business

**There are many free online webinars  
available at:**

**<https://www.ncsbc.net> click on training  
and scroll down to SBCN State Office.**

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*Check the website for a complete list of webinars and seminars for the Small Business Center*

**Online registration is preferred at:**

**<https://www.ncsbc.net/center.aspx?center=75260>**

**For more information call**

**828-395-1667**



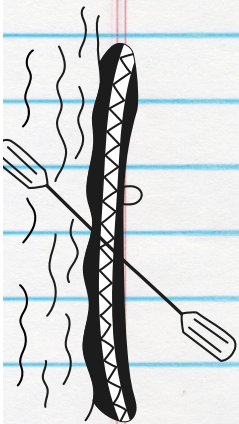
## For the Ones Who Doodle in the Margins.

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masterpiece while the teacher kept talking?...  
this is your moment.

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the creative minds who see the world differently — the  
sketchers, the storytellers, the visual thinkers. Here, you'll  
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**DREAMER**

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with that spark in your notebook.



## Ready to make your mark?

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For More Information  
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**NEVER  
GIVE UP**



## ISOTHERMAL COMMUNITY COLLEGE

**RUTHERFORD CAMPUS MAP**  
286 ICC LOOP ROAD, SPINDALE, NORTH CAROLINA 28160  
(828) 286-3636

### PARKING LOT LEGEND

- 1 Administration
- 2 Business Sciences
- 3 Communications/  
Health & Public Services

- 4 Engineering Technology  
and Workforce Dev. Center
- 5 The Foundation
- 6 The Foundation
- 7 The Foundation

- 8 Lifelong Learning Center
- 9 Student Center/PED
- 10 Student Center/PED
- Wheelchair Accessible Entrances

- Administration - ADM**
  - Academic Development
  - Arts and Sciences
  - Assessment, Planning and Development
  - Business Office
  - Human Resources
  - Math Lab
  - Marketing and Community Relations
  - Presidential Office Suite
  - Tutoring Center
  - Writing Center
- Business Sciences - BSCI**
  - Accounting and Finance
  - Agribusiness Technology
  - Autobody
  - Blue Room 112
  - Business Administration
  - Building Construction Technology
  - Career Readiness Certification
  - Chocolate Room 136
  - Entrepreneurship
  - Equine Business
  - Information Technology
  - Medical Office Administration
  - Red Room 137
- Communications - COMM**
  - Advertising and Graphic Design
  - Broadcasting and Production Tech
  - Campus Print Shop
  - Electrical Systems Technology
  - WNCW
- Engineering Technology and Workforce Development - ETWD**
  - Computer Engineering Technology
  - Customized Training & Development
  - Electronics Engineering Technology
  - Industrial System Technology
  - Manufacturing Technology
  - Mechanical Drafting Technology
  - Mechanical Engineering Technology
  - Small Business Center
- The Foundation - FNDN**
  - Adult High School/GED
  - Allied Health - CNA, Med Aid
  - College and Career Readiness
  - Continuing Education
  - Defensive Driving
  - Emergency Services
  - Visitor Information
- The Foundation - FNDN**
  - Second and Third Floor
  - Performing Arts and Conference Center
  - Box Office
  - Seminar A and B
  - Stage
- Health and Public Services - HPS**
  - BLT Criminal Justice
  - Early Childhood/School Age
  - Emergency Services
  - Human Services Technology
  - Occupational Technology
- Information Technology - IT**
  - IT Department
- Library - LIBR**
  - Arts and Sciences Computer Lab
  - Library Auditorium
  - Old Tryon Room
- Lifelong Learning Center - LLC**
  - Arts and Sciences Classrooms
  - REACH
- Machining - MACH**
  - Computer Integrated Machining
- Maintenance - MNTN**
  - College Vehicle Reserve
  - Shipping and Receiving
- Physical Education Dept. - PED**
  - Arts and Sciences Faculty
  - Career Counseling and Personal Asst.
  - Career and Promise Offices
  - Cosmetology
  - Disability Services
  - Employee Fitness Center
  - Ethotics
  - Gym
  - Intramural Sports
  - Physical Education
  - Placement/HS Equivalency Testing
  - Pool
  - Pre-Health Sciences Advising
- Student Center - SCTR**
  - Admissions Office
  - Campus Bookstore
  - Campus Resource Offices
  - Financial Aid Office
  - Help Desk
  - Student Activities
  - Student Center Lobby
  - Student Records
  - Student Services
  - The Patriot Hub
  - Veterans Affairs
  - Visitor Information
- Welding - WELD**
  - Welding Technology

## Polk Campus

1255 West Mills St., Columbus, NC 28722  
828-894-3092



# DO YOU HAVE A PASSION, SKILL OR KNOWLEDGE YOU WOULD LIKE TO SHARE?

We are always looking for new ideas and instructors.



Contact Karen Marshall at [kmarshall@isothermal.edu](mailto:kmarshall@isothermal.edu), 828-395-1163  
or LaRae Varela at [lvarela@isothermal.edu](mailto:lvarela@isothermal.edu), 828-395-1476.



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REQUIRED ORIENTATION  
**JULY 8, 2025**

CLASSES START  
**AUGUST 4 - OCTOBER 8, 2025**

Monday - Wednesday 8am - 5:30 pm  
Thursday 8am - 3:30pm  
Friday is online work  
Rutherford Campus

To register or for more information  
Contact Myron Greene  
828-395-1576  
[mgreene@isothermal.edu](mailto:mgreene@isothermal.edu)

# You're Not Just Taking a Class. You're Starting Something New!

Whether you're picking up a new hobby, learning job-ready skills, or just looking for a different path in life we have something for you. Our students come from all walks of life and leave with something valuable: *confidence, knowledge, and new connections.*

**REGISTER  
NOW**



## CONTACT US:

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